Here are the natural language test requirements based on the provided Python code:

1. Passwords must be at least 8 characters long. If a password is less than 8 characters, it is invalid.

2. Passwords must contain at least one numerical digit. If a password does not contain a number, it is invalid.

3. Passwords must contain at least one special character from the set !@#$%^&\*(),.?":{}|<>. If a password does not contain a special character, it is invalid.

4. A valid password must meet all 3 of the above requirements for minimum length, containing a number, and containing a special character.

5. The system should validate sample passwords to check if they meet the password requirements. Example valid passwords are 'mypassword1', 'Pass123!', '12345678'. Example invalid passwords are 'abc123', 'abc12345', 'abc123@'.

6. When validating a password, the system should return whether the password is valid or invalid, and if invalid, return the reason why.